

CAREER COUNSELING

STUDY ABROAD

COURSES

JOBS

CAREER ASSESSMENT REPORT



Choose the perfect Degree/Stream
after 7th & 12th

Choose the perfect Job
after Graduation

Career Assessment Test Designed By Leading International Psychologist

Career Assessment Test For 14-15 YearsAge

Class 7Th To 12Th, Graduates & Working Professionals

Aptitude, Personality & Career Interest Test

Personal Counseling

Free Access To Colleges & CoursesDatabase

Quick Career Tour

Sms Update Of Entrance Exam / College For Notificaiton

Name Of Student

Shrusti Surana

Report Download Date

06 Jun 2020

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OUR CAREER ASSESSMENT PROCESS CAREER ASSESSMENT TEST :-

Interpretation of Career Assessment Report is interpreted based on three sections

CAREER INTEREST

Career interest test is basically a process for discovering / learning about one's like, dislike, interest, knowledge etc relating to a particular activity / thing or a job title. Which is then interpreted into his/her career interest.

Example: If a child likes playing outdoor games more than the indoor games, then it can be interpreted that a child may have an interest in making a career as a footballer, cricketer etc.

APTITUDE TEST

Aptitude is an innate or inborn capacity for learning. An aptitude test is taken to determine a person's ability in a particular skill or field of studies. This test is divided into seven parts which it measures seven different abilities of a person such mathematical, verbal, mechanical etc. Often, the discovery of potential leads to the development of new interests.

No prior knowledge is assumed, as the tests seek to determine innate ability at a particular competency.

PERSONALITY TEST

Although you behave in different ways, depending upon the Circumstances you are in or the people you are with, you nevertheless have a personality that remains identifiable. If this were not true, people would not be able to anticipate your reactions; the very fact that there are aspects of you which are predictable testifies to your personality.

This is not to say that your personality will never change. It may well do so, especially if you make efforts to become aware of your potential and give yourself experiences which are developing.

OUR CAREER ASSESSMENT APPROACH:-

We follow a top to bottom approach

Step 1:

Shortlist suitable career title eg. Job interviewer, computer programmer, marketing executive, etc.

Step 2 :

Device a careerpath ie. whether to pursue a : Job, internship, degree, course, etc in order to get into that particular career.

Step 3 :

Which College, University, entrance exam, study abroad/india, etc to choose.



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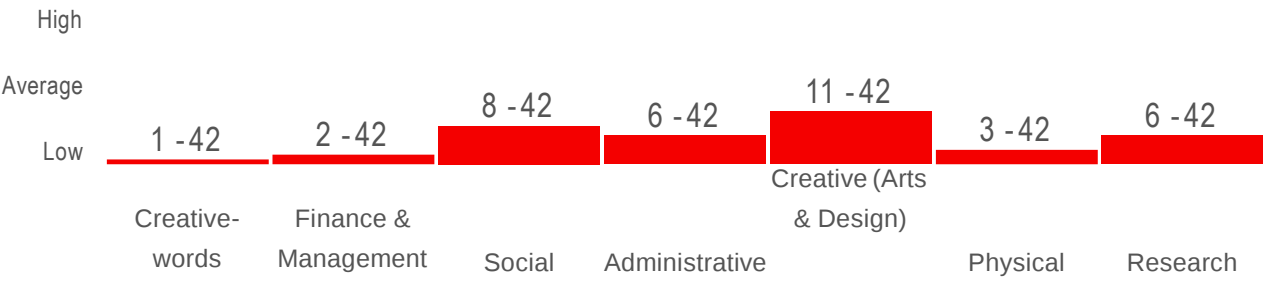
CAREER INTEREST TEST

CAREER INTEREST

Career interest test is basically a process of discovering / learning about one's like, dislike, interest, knowledge etc relating to a particular activity / thing or a job title. Which is then is interpreted into his/her career interest .

Example: If a child likes playing outdoor games more than the indoor games, then it can be interpreted that a child may have interest in making a career as a footballer, cricketer etc.

CAREER INTEREST TEST SCORE



Creative- words

Your score is:

A person with a high score in this career interest may have enjoyed english or other 'wordy' subjects, such as history, at school. Their aim is to use words creatively or are drawn towards careers which in some way involve them with information and communication. More structured and predictable careers arise in journalism or public relations. There are other careers which are often suited to this area of preference, such as legal work and librarianship.

Finance & Management

Your score is:

People falling under this category generally like to work with people and ideas more than things. They Likes to lead and persuade people. They like to sell, manage, and influence. They generally avoid activities that require careful observation and scientific, analytical thinking. they are generally described as outgoing, optimistic, energetic, ambitious, and sociable Examples: Salesperson, lawyer, Paralegal/Legal Assistant, politician, accountant, business owner, executive or manager, travel agent, music or sports promoter etc.

Social

Your score is:

A social person generally like to work with people more than things. Likes to do things to help people -- like, teaching, nursing, or giving first aid, providing information; generally avoids using machines, tools, or animals to achieve a goal. They like helping people and solving their problems. Example: Teacher, nurse, coach, counselor, fitness trainer, police officer, social worker, salesperson, customer service officer, waiter, secretary etc.

Administrative

Your score is:

People under this career interest generally like to work with papers, numbers, records, or machines in a set, orderly way; generally avoids ambiguous, unstructured activities. They prefer working indoors and at tasks that involve organizing and being accurate, following procedures, working with data or numbers, planning work and events. They are typically described as practical, careful, orderly and persistent.

Creative (Arts & Design)

Your score is:

High score in this category indicates a person is imaginative and spontaneous. They have talent in one or more art forms. They are usually described as an open, Creative, independent, emotional, impulsive and original. Likes to do creative activities like art, drama, crafts, dance, music, or creative writing; generally avoids highly ordered or repetitive activities. Examples: Actor, illustrator, photographer, songwriter, singer, instrument player, Choreographer, writer, editor, hairdresser, fashion designer, Art Director, Graphic Designer, Animator, etc

Physical

Your score is:

A person showing interest in this area, prefers concrete tasks. They generally prefer to work with things than with people. People under this category likes to work mainly with hands, making, fixing, assembling or building things, using and operating equipment, tools or machines. Often likes to work outdoors. They like to make things. They like to work alone. They have wonderful manual and mechanical skills. Examples:- Engineer, Pilot, farmer, horticulturist, Medical Technician, armed services personnel, mechanic, Landscape architect, electrician, computer technologist, sportsperson etc.

Research

Your score is:

People falling under this category likes to work with abstract ideas and concepts more than with people or things. They like to discover and research ideas, observe, investigate and experiment, ask questions and solve problems. They are good at math & science and they have good observation skills. They really prefer to work independently.

READ MORE ABOUT ALL ABOVE CAREERS

VISIT

Careers based on CAREER INTEREST

Architect	Architectural Technician	Artist	Bakery chef
Ballet Dancer	Book Binder	Book Illustrator	Cabinet Designer
Car Body Designer	Carpenter	Cartographer	Cartoon Animator
Chef	Choreographer	Circus Performer	Comic illustrator
Compositor	Computer game Designer	Confectioner	Courier
Dancer	Decorator	Design Engineer	Designer
Disc Jockey	Dresser (stage)	Editorial cartoonist	Embalmer
Engraver	Fashion Designer	Film Critic	Film Projectionist
Florist	Glass Blower	Graphic Designer	Illustrator
Industrial Designer	Interior Designer	Jewellery Maker	Landscape Architect
Maitre D'	Make up Artist	Marketing Manager	Milliner
Model(fashion)	Musician	Photographer	Piano Tuner
Poster designer	Potter	Racing Car Driver	Sculptor
Session Musician	Set Designer	Sign Writer	Silversmith
Stage Hand	Stone Mason	Studio Assistant	Tailor
Taxidermist	Toy Maker	Upholsterer	Window Dresser
visual merchandiser			

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PERSONALITY TEST

PERSONALITY

Although you behave in different ways, depending upon the Circumstances you are in or the people you are with, you never - The less have a personality that remains identifiable. If this were not true, people would not be able to anticipate your reactions; the very fact that there are aspects of you which are predictable testifies to your personality. This is not to say that your personality will never change. It may well do so, especially if you make efforts to become aware of your potential and give yourself experiences which are developing. However, it seems practical to take your personality as it is now in order to see how it may relate more successfully to one career than another.

PERSONALITY TEST SCORE



Introvert/ Extrovert

Your score is:

You are Introvert -People who fall under this personality trait are likely to be very specific and firm in their way of doing things. -They like working alone and avoid comprises of viewpoints. -These people are also likely to be reserved, detached and aloof in their day to day life. - This kind of personality is useful for jobs that require people to work in isolation or within a specific routine.

Imaginative/ Realistic

Your score is:

You are Imaginative : -Imaginative people are usually absorbed in thought, oblivious to particular people and physical realities. -Their individuality may cause them to get rejected in group activities. - Even though they come across as unconventional and unconcerned over every day matters, but they do possess positive traits like being self- aware, self- motivated, highly creative and concerned with "essential" rather than getting engrossed in unnecessary matters.

Calculative/ Enthusiastic

Your score is:

You are Calculative : -People under this personality traits are stable, calm, composed and take things as they come. -They have an inner desire to do a task in the most efficient and organised manner. -They may sometimes appear dull or unresponsive in situations where quick response is required. - Jobs like actuary, civil Engineer, metallurgist etc falls under this trait where a hardworking, careful and reliable person in required to perform these jobs.

Submissive/ Dominant

Your score is:

You are Submissive : -They tend to keep matters to themselves, giving way rather than arguing. -Easy to get along with. Often good team players. Accommodating and not easily annoyed. -May avoid saying what is on their mind. Avoid confrontation. -Try hard to please. Cooperative, respectful and helpful."

[READ MORE ABOUT ALL ABOVE CAREERS](#)

VISIT



Careers based on PERSONALITY

Admission Counsellor	Advertising Executive	Advertising copywriter	Animal Keeper
Anthropologist	Arborist	Architectural Technician	Archivist
Art Conservator	Art Therapist	Artist	Author
Baggage handler	Bicycle Mechanic	Bilingual Secretary	Boat Builder
Book Binder	Book Illustrator	Botanist	Brick Layer
Building Assistant	Bursar- school/college office	Bus Driver	Cabinet Designer
Camera Repair technician	Career Advisor	Carpenter	Cartographer
Cartoon Animator	Chiropodist	Civil Servant	Coast Guard
Comic illustrator	Compositor	Computer Animator	Confectioner
Conservation Officer	Copywriter	Cost Accountant	Crane Operator
Curator	Data Science/Analytics	Deaf Interpreter	Decorator
Demolition Contractor	Design Engineer	Dive instructor	Draughtsperson
Driver	Ecologist	Editor	Educational Psychologist
Employment Officer	Equestrian	Farm Worker	Farmer
Film Critic	Film Projectionist	Fireman	Fisherman
Fitter	Forensic Scientist	Forest Officer	Furniture Designer
Gamekeeper	Gardener	Glass Blower	Glazier
Groundsman	Gunsmith	Historian	Horologist
Horticulturalist	Hospital Porter	Hydrographic Surveyor	IT System Analyst
Illustrator	Industrial Designer	Joiner	Justices Clerk
Landscape Architect	Legal Execative	Library Assistant	Librian
Lorry Driver	Machinist	Market Gardener	Market Researcher
Mechanic	Medical Secretary	Medical illustrator	Model Maker
Museum Assistant	Nature Conservancy Warden	Notary Public	Occupational Therapist
Office Cleaner	Panel Beater	Pattern Cutter	Police Officer
Post office Clerk	Primary School Teacher	Printer	Probation Officer
Psychiatrist	Psychologist	Reflexologist	Renovator
Saddler	Secretary of Agriculture	Secretary/PA	Sign Writer
Silversmith	Social Scientist	Solicitor	Stage Hand
Taxi Driver			

Taxidermist	Teacher of Physically Disabled	Technical Illustrator	Technical Writer
Thatcher	Tiler	Toy Maker	Training Officer
Travel Agent	Truck Driver	Urban Planner	Vision Mixer
Vocational Counselor	Watch Repairer	Zoo Keeper	

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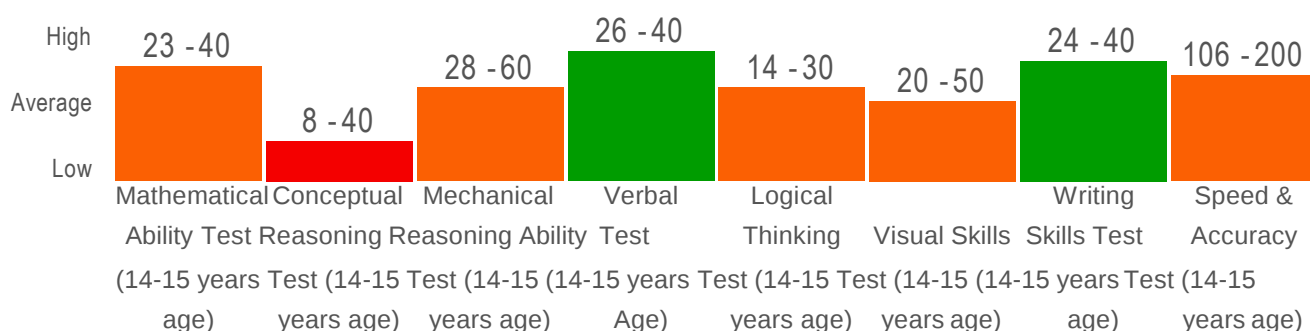
JOBS

APTITUDE TEST

APTITUDE

"Aptitude" is something very important especially for students who are trying to enter corporate world or going to write any competitive exams. I Personally Feel "Aptitude is not Knowledge or Skills that one has learned over the years, it's a 'natural talent' that someone posses." However, it can be explored and developed within by us and that can be achieved by understanding and practicing the concepts of aptitude. (Please refer to page no. 13 to read "Tips to improve Aptitude") An individual with good aptitude skills are considered better than others because they are fast at their mind and good at problem solving skills. Thus aptitude has become the most important soft skills these days.

APTITUDE TEST SCORE



YOUR APTITUDE RESULT SHOWS HIGH INTEREST IN

Verbal Ability Test (14-15 years Age)

Writing Skills Test (14-15 years age)

YOUR APTITUDE RESULT SHOWS AVERAGE INTEREST IN

Mathematical Ability Test (14-15 years age)

Mechanical Reasoning Test (14-15 years age)

Logical Thinking Test (14-15 years age)

Mathematical Ability Test (14-15 years age)

Your score is:

This test contains questions that test your knowledge of percentages, ratios, number sequences, data interpretation. Numerical Reasoning is important for succeeding in careers such as mathematics, physics, chemistry, engineering, etc. High score in this test implies a possible success in occupations like bookkeeping, laboratory work, carpentry and tool making.

Conceptual Reasoning Test (14-15 years age)

Your score is:

It is a non-verbal way of testing your reasoning ability. It tests how well an individual can reason with geometrical patterns or design. This type of conceptual reasoning is important in courses and occupations that requires the ability to see relations among objects in terms of their size, position, shape, and quantity. Examples include fields as computer programming, car repair, drafting and mathematics.

Mechanical Reasoning Test (14-15 years age)

Your score is:

It measures the ability to interpret the basic mechanical principles of machinery tools and motion. Each item consists of pictorially presented mechanical situation and simply worded question. Items require reasoning rather than special knowledge. Those who do well in this test usually find it easy to learn how to repair and operate complex devices.

Verbal Ability Test (14-15 years Age)

Your score is:

Verbal ability tests tell us how well a student can understand and work with meaning, information and interpret from the given text. This aptitude is useful in areas of work where words are used in analysis and in precision of communication. Literary careers would demand this aptitude, as would education, legal work, business, journalism and some areas of sciences.

Logical Thinking Test (14-15 years age)

Your score is:

Logical reasoning test includes broad categories questions ranging from time distance, seating arrangement, blood relation etc. This aptitude test which measure a person's problem solving ability. Logical ability is useful in many careers but particularly required in careers that need significant problem solving ability or higher use of logic. Careers under this includes Anthropologist, Business Consultant, Career advisor, Forensic Psychologist, Doctor of Medicine etc.

Visual Skills Test (14-15 years age)

Your score is:

This test requires you to hold an object in your mind, while also turning it upside down, around and pulling it out of shape. The ability to do this is associated with success in the area of design, where a sense of shape and form would obviously be required. Occupations in which an individual is required to imagine how an object would look if made from a given pattern include art, clothing design, dentistry, drafting, carpentry and architecture.

Writing Skills Test (14-15 years age)

Your score is:

This test measures the students ability to find errors in grammar, capitalization, punctuation. The ability to spell is the very basic skill required for many academic and vocational careers. High score in this test implies a possible success in careers like teaching and writing.

Speed & Accuracy Test (14-15 years age)

Your score is:

The test items do not call for reasoning skills, rather emphasis is on speed. Good score in this test may indicate success in certain careers like technical, scientific data and Routine clerical task such as filing or coding.

READ MORE ABOUT ALL ABOVE CAREERS

VISIT

Careers based on **APTITUDE**

Actor/Actress	Admission Counsellor	Advertising Sales Agent	Advertising copywriter
Ambulance Crew	Animal Keeper	Animal Nurse	Armed Forces Personal
Aromatherapist	Auctioneer	Baggage handler	Ballet Dancer
Bilingual Secretary	Book Seller	Brewer	Bus Driver
Cabin Crew	Childcare Worker	Choreographer	Cinema Manager
Club Manager	Coast Guard	Community Social Worker	Community warden
Composer	Conservation Officer	Counsellor	Courier
Court Reporter	Cruise Director	Customer Service Manager	Customs Officer
Dance Instructor	Dancer	Deaf Interpreter	Decorator
Demonstrator	Disc Jockey	Driver	Drug & Alcohol Counsellor
Dry Cleaner	Electrician	Employment Officer	Estate Manager
Farm Manager	Farm Worker	Farmer	Film Critic
Film Projectionist	Fireman	Fisheries Officer	Fisherman
Flight Attendant	Florist	Flyman (theater)	Food Service Worker
Fund Raiser	Funeral Director	Gamekeeper	Gardener
Grocer	Groundsman	Guard	Hospital Porter
Hotel Manager	House Parent	Human Resource Manager	Industrial Relations Officer
Information Officer	Interpreter	Interviewer	Jockey
Language Teacher	Literary Agent	Lorry Driver	Machinist
Maitre D'	Market Gardener	Medical Representative	Merchant Seaman
Midwife	Milkman	Miller	Miner
Minister of religion	Model(fashion)	Museum Assistant	Music Producer
Music Therapist	Musician	Nanny	Nature Conservancy Warden
Novelist	Nursery Nurse	Office Cleaner	Outplacement Consultant
Paramedic	Personal Trainer	Piano Teacher	Picture Framer
Play Leader	Poet	Police Dog Handler	Police Officer
Politician	Postman/women	Press Agent	Primary School Teacher
Prison Officer	Probation Officer	Property Negotiator	Public Relations Executive
Publician	Publicity Agent	Racing Car Driver	Real Estate Agent
Receptionist	Reflexologist	Reporter	Retail Assistant

Sailor	Sales Executive	Sales Person	Sales Trainer
Scriptwriter	Secretary of Agriculture	Secretary/PA	Security Officer
Session Musician	Social Worker	Soldier	Sound Engineer
Special Need Teacher	Speech Therapist	Sport Teacher	Sports Coach
Sports Official Referee	Stage Manager	Studio Assistant	Taxi Driver
Teacher	Teacher of Physically Disabled	Telephonist	Traffic Warden
Train Driver	Train Guard	Transport Manger	Truck Driver
Umpire	Union Negotiator	Veterinary Nurse	Waiter/Waitress

Usually students at an early age of 19 (or could be any age group) might show multiple interest level in the Career Interest Test Result since many careers at this age still remain to be explored by them. They can meet different people from different careers and ask about their work, read about different careers Online / Newspaper / Career magazines & books or watch videos on the internet about different careers.

The first list of Strongly Recommended Careers below is based on your Career Interest, Personality & Aptitude Test Interpretation.

Interest of an Individual can change as time passes by and he/she is exposed to more Careers in the future. On the other hand it is highly debated by psychologists that the Personality of an Individual is extremely difficult to change, unless he/she makes enormous effort to change it. Every Career requires a certain kind of personality, for eg. A Lawyer needs to have a Factual Personality, while an Artist needs to have an imaginative personality. Imaginative & Factual are completely opposite Personalities. So, a Lawyer will find his profession more suitable with a Factual Personality.

The second list of Average Recommended Careers below is based on your Career Interest, Personality & Aptitude Test Interpretation.

Aptitude is the capability of an Individual to perform in a Career, hence it is the most important factor while choosing a career. For eg. A Mathematician should have a high score in Numerical Ability to succeed as a successful Mathematician.

Strongly Recommended Careers

[Comic illustrator](#)

[Compositor](#)

[Courier](#)

[Decorator](#)

[Film Critic](#)

[Film Projectionist](#)

AVERAGE RECOMMENDED CAREERS

Ballet Dancer	Chef	Choreographer	Circus Performer
Comic illustrator	Compositor	Courier	Dancer
Decorator	Disc Jockey	Film Critic	Film Projectionist
Florist	Maitre D'	Model(fashion)	Musician
Racing Car Driver	Session Musician	Studio Assistant	visual merchandiser

[READ MORE ABOUT ALL ABOVE CAREERS](#)

In all the careers mentioned above, the ones which you find off-beat or not practical for eg. Carpenter, can also be pursued as Hobby (Since having a Hobby is must) and if not then please ignore them. If you have a very high passion for it, only then you might also make it as a Career.

TABLE BELOW SHOWS YOUR CAREER INTEREST & REQUIRED CAREER INTEREST OF YOUR 3 ASPIRED CAREERS

Your 3 Aspired Careers		Business Consultant	Civil Servant	Architect
Creative- words	Required Interest Level	-	-	-
	Your Interest Level	Low	Low	Low
Finance & Management	Required Interest Level	High	-	-
	Your Interest Level	Low	Low	Low
Social	Required Interest Level	-	-	-
	Your Interest Level	Low	Low	Low
Administrative	Required Interest Level	-	High	-
	Your Interest Level	Low	Low	Low

Your 3 Aspired Careers		Business Consultant	Civil Servant	Architect
Creative (Arts & Design)	Required Interest Level	-	-	High
	Your Interest Level	Low	Low	Low
Physical	Required Interest Level	-	-	-
	Your Interest Level	Low	Low	Low

Research	Required Interest Level	-	-	-
	Your Interest Level	Low	Low	Low

High - Good To go

Average - Average

Low - Avoid the Career

Note : Please refer to page no. 00 of Career Assessment Report for more explanation.

TABLE BELOW SHOWS YOUR PERSONALITY & REQUIRED PERSONALITY OF YOUR 3 ASPIRED CAREERS

Your 3 Aspired Careers		Business Consultant	Civil Servant	Architect
Introvert/ Extrovert	Required Interest Level	-	-	-
	Your Interest Level	Low	Low	Low
Imaginative/ Realistic	Required Interest Level	-	Low	Low
	Your Interest Level	Low	Low	Low
Calculative/ Enthusiastic	Required Interest Level	-	Low	Low
	Your Interest Level	Low	Low	Low
Submissive/ Dominant	Required Interest Level	High	-	High
	Your Interest Level	Low	Low	Low

High - Good To go

Low - Avoid the Career

Note : Please refer to page no. 00 of Career Assessment Report for more explanation.

TABLE BELOW SHOWS YOUR APTITUDE & REQUIRED APTITUDE OF YOUR 3 ASPIRED CAREERS

Your 3 Aspired Careers		Business Consultant	Civil Servant	Architect
Mathematical Ability Test (14-15 years age)	Required Interest Level	High	High	High
	Your Interest Level	Average	Average	Average
Conceptual Reasoning Test (14-15 years age)	Required Interest Level	-	-	High
	Your Interest Level	Low	Low	Low
Mechanical Reasoning Test (14-15 years age)	Required Interest Level	-	-	-
	Your Interest Level	Average	Average	Average
Verbal Ability Test (14-15 years Age)	Required Interest Level	-	High	-
	Your Interest Level	High	High	High

Your 3 Aspired Careers		Business Consultant	Civil Servant	Architect
Logical Thinking Test (14-15 years age)	Required Interest Level	High	High	-
	Your Interest Level	Average	Average	Average
Visual Skills Test (14-15 years age)	Required Interest Level	-	-	High
	Your Interest Level	Average	Average	Average

Writing Skills Test (14-15 years age)	Required Interest Level	-	-	-
	Your Interest Level	High	High	High
Speed & Accuracy Test (14-15 years age)	Required Interest Level	-	High	-
	Your Interest Level	Average	Average	Average

High - Good To go

Average - Average

Low - Avoid the Career

Note : Please refer to page no. 00 of Career Assessment Report for more explanation.



The Age from 13 yrs to 19 yrs is called the Adolescence. In this phase you might experience physical and psychological changes, which might sometimes lead to self discovery, anger, mood swing.

FOLLOWING ARE SOME TIPS WHICH MIGHT HELP :

Eat Right & Exercise : This will keep you physically and mentally fit and relieve stress.

Take up a Hobby like playing an instrument, photography, etc

Get atleast 7-9 hrs of sleep

If you' feel stressed, do not hesitate to talk to your parents.

Talk to your parents to establish boundaries & rules

Keep yourself in good company.

Parents also need to understand few things, so please ask your parents to watch this video : [Click Here](#)

1) UNDERSTAND WHAT CONCENTRATION IS

"Concentration is taking your mind off many things and putting it on one thing at a time."

2) DECIDE WHAT YOU WANT TO CONCENTRATE ON

In many ways, you become what you focus on — that is, you take on some of its characteristics. Have you ever noticed how couples who have been married for many years start to look like each other, or how people often come to resemble their pets, their cars, their hobbies, or their work projects?

3) WATCH OTHER PEOPLE CONCENTRATING

Go see a good action movie. In the middle of it, look around at the people in the theater. What are they doing? They are absolutely still, eyes barely blinking, and their breath is slower. It would take a really major distraction to break their attention stream. These physical signs may give you a hint about ways to increase your own concentration abilities.

4) AVOID CONSTANT SENSORY INPUT

Multi-tasking (trying to do more than one thing at a time), loud noises, and visual stimulation (such as from a T.V.) make concentration much more difficult, and being around them or doing them too much can put you into a habit of non-attention which can be hard to break.

5) MAKE IT A POINT TO PUT YOUR FULL CONCENTRATION ON WHATEVER YOU ARE DOING

Don't let anything distract you. It really helps to be in a quiet place, but you can learn to block out noise if necessary.

6) STAY CALM

Deep concentration is a matter of increasing or directing your life-force or conscious, cosmic energy. The more of this kind of energy you have, the better. Scattered energy doesn't help. It must be calm, focused energy. Learn to be calmly concentrated and be concentratedly calm.

7) LEARN TECHNIQUES TO INCREASE AND CONTROL YOUR ENERGY:

One such technique is Paramhansa Yogananda's Energization Exercises. Controlling your energy is an important first step toward the ability to concentrate deeply.

8) TAKE BREAKS

Go outside and breathe deeply or take a brisk walk. Make yourself do this often and you'll be able to return to your task recharged and ready to focus more creatively.

9) LEARN TO MEDITATE

Meditation is the most powerful of all concentration enhancement techniques. Learn a few simple meditation techniques and practice them at least five minutes daily.

10) WHILE MEDITATING, WATCH YOUR BREATH

Don't control it in any way, just observe. This teaches you to focus your mind on one thing at a time. As you observe your breath, it will slow down, along with your mind (this is a scientifically well-documented), and you move into a dynamic, peaceful (but not sleepy) state of being. Your mind will become recharged and creatively receptive.

STUDENTS WHO DO NOT WISH TO GO FOR DEGREE CAN CHOOSE THE FOLLOWING COURSES AFTER 10TH :

— Diploma in Engineering - 2yrs	MI : Logical Mathematical
—Diploma Courses in Interior Design, Steno, Beautician & Hair Dressing, Farm Management etc - 2/3 yrs	MI : Spatial Visual
— Medical Laboratory Technician Certificate Course - 2yrs	MI : Logical Mathematical
— ITI (Fitter, Welder, Machinist, Stenographer, Diesel mechanic, etc) - 2yrs	MI : Bodily Kinesthetic
— Army-Navy-Air Force for Airmen, Navik, Soldier	MI : Bodily Kinesthetic
— Certified Building Supervisor - 8mnths or 1yr	MI : Interpersonal
— Diploma in Dance/Music - 2yrs	MI : Bodily Kinesthetic
—Other Government bank Insurance/clerical grade exam Railway Ticket Collector Art Teacher Diploma - 2yrs	MI : Logical Mathematical
— Police Exam for Constable	MI : Bodily Kinesthetic
— MS-CIT Course for Data Entry Operator	MI : Logical Mathematical
— Diploma in Travel & Tourism – (2yrs)	MI : Interpersonal
— Laboratory Technician Diploma – (3yrs)	MI : Logical Mathematical
— L.I.C Agent	MI : Logical Mathematical
— Hotel Management Diploma – (3yrs)	MI : Bodily Kinesthetic
— Student Pilot License->Professional Pilot License->Commercial Pilot License	MI : Bodily Kinesthetic

STUDENTS WHO DO NOT WISH TO GO FOR DEGREE CAN CHOOSE THE FOLLOWING COURSES AFTER 12TH :

— Diploma in Travel & Tourism after 12th Commerce (2yrs)	MI : Interpersonal
— Call Centre Job	MI : Interpersonal
— Foreign Languages Diploma after 12th Arts	MI : Linguistic
— Laboratory Technician Diploma (3yrs)	MI : Logical Mathematical
— Film and Television Diploma 1-2yrs (After 12th PCM) (Film Editing, Cinematography, Film Processing)	MI : Linguistic
— L.I.C Agent	MI : Logical Mathematical
— Interior Designing Diploma after 12th Arts (2yrs)	MI : Spatial Visual
— Fashion Designing Diploma after 12th Arts (3yrs)	MI : Spatial Visual
— Hotel Management Diploma (3yrs)	MI : Bodily Kinesthetic
— Student Pilot License->Professional Pilot License->Commercial Pilot License	MI : Bodily Kinesthetic

SOME CAREERS IN SCIENCE

Degree	How do I get there?	Job
B.E. (4yrs)	After 12th PCM 1) MH CET 2) JEE B.E. After B.E. UPSC/MPSC/I.E.S Exam, M.E (2yrs), MSc/MTech (2yrs), Merchant Navy (1yr), Defense (Direct Entry in Indian Navy & Air force)	engineers, computer experts, trouble-shooters MI : Logical thinking
Bachelor of Planning & Design/Architecture (5yrs)	ü After 12th PCM National Aptitude Test in Architecture (NATA) ü Bachelor of Planning & Design/Architecture ü After Bachelor of Planning & Design/Architecture Diploma in Interior/Landscape Design	architects, town-planners, visionaries, inventors, engineers, MI : Spatial Visual

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